

Safeguarding – Helplines & Websites

Bishop’s Safeguarding Adviser		07342 993844
Thirtyone:eight (formerly CCPAS)		0845 120 4550 thirtyoneeight.org
The Church of England		churchofengland.org
Child Line	Children & young people	0808 11 11 childline.org.uk
Family Lives	Children & young people	0808 800 2222 familylives.org.uk
Hope UK (drug and alcohol education)	Children & young people	Hopeuk.org
NSPCC	Children & young people	0808 800 5000 nspcc.org.uk
Think U Know (online safety)	Children & young people	thinkuknow.co.uk
Young Minds	Children & young people	0808 802 5544 (parents’ helpline) Youngminds.org.uk
Local Authority Children’s Social Care Services	Children & young people	0121 303 1888 (Birmingham) 0121 569 3100 (Sandwell) 0121 788 4333 (Solihull) 0800 1313 126 (Staffordshire) 01926 414144 (Warwickshire) 01905 822666 (Worcestershire)
Local Authority Children’s Social Care Services – Out of Hours	Children & young people	0121 675 4806 (Birmingham) 0121 569 3100 (Sandwell) 0121 605 6060 (Solihull) 0345 604 2886 (Staffordshire) 01926 886922 (Warwickshire) 01905 768020 (Worcestershire)
Galop LGBT Helpline	Domestic Violence	0300 999 5428 galop.org.uk
Karma Nirvana (Forced marriage and honour based violence)	Domestic Violence	0800 599 9427 karmanirvana.org.uk
Men’s Domestic Violence Helpline	Domestic Violence	0808 801 0327
National Domestic Violence Helpline	Domestic Violence	0808 2000 247
Rape Crisis	Domestic Violence	0808 802 9999
Respect (Helpline for those who harm their partners)	Domestic Violence	0808 802 4040
Restored (ending violence against women)	Domestic Violence	restoredrelationships.org
Safe Lives (Professionals working with domestic violence victims)	Domestic Violence	safelives.org.uk
Birmingham LGBT Domestic Abuse Service	Domestic Violence	0121 643 0821

Trident Reach Men's Domestic Violence Service	Domestic Violence	0121 675 4249/0800 111 4223
Women's Aid	Domestic Violence	0800 800 0028 (Birmingham & Solihull) 0121 552 6448 (Black Country) 0870 2700 123 (Staffordshire) 0800 408 1552 (Warwickshire) 0800 980 331 (West Mercia)
Action on Hearing Loss	Children & Adults	0808 808 0123 actiononhearingloss.org.uk
Cruse (Bereavement care)	Children & Adults	0808 808 1677
Mencap	Children & Adults	0808 808 1111
MIND	Children & Adults	mind.org.uk
National Centre for Eating Disorders	Children & Adults	0845 838 2040 eating-disorders.org.uk
National Self Harm Network	Children & Adults	nshn.co.uk
Royal National Institute for the Blind (RNIB)	Children & Adults	0303 123 9999
Spiritual Abuse	Children & Adults	spiritualabuse.com
Through the Roof (Christian disability charity)	Children & Adults	throughtheroof.org
UK Modern Slavery Helpline	Children & Adults	0800 0121 700 modernslavery.co.uk
Ministers and Clergy Sexual Abuse Survivors Group (MACSAS)	Sexual Abuse	0808 801 0340 macsas1@hotmail.com
National Association of People Abused in Childhood (NAPAC)	Sexual Abuse	0800 085 3330 / 0331
One in Four	Sexual Abuse	020 8697 2112 oneinfour.org.uk
Stop It Now! (Helpline for child sex abusers and their families)	Sexual Abuse	0808 1000 900 stopitnow.org.uk parentsprotect.co.uk
The Survivors Trust	Sexual Abuse	0808 801 0818 thesurvivorstrust.org
Age UK	Vulnerable Adults	ageuk.org.uk
Alzheimer's Society	Vulnerable Adults	0300 222 1122 alzheimers.org.uk
Dementia Friendly Church Guide	Vulnerable Adults	livability.org.uk/dementia-friendly-churches-guide
Dementia UK	Vulnerable Adults	0800 888 6678 dementiauk.org
Elder Abuse	Vulnerable Adults	0808 808 8141 elderabuse.org.uk
Hoarding UK Helpline	Vulnerable Adults	020 3239 1600 hoardinguk.org

Samaritans	Vulnerable adults	08457 909090 samaritans.org
Social Care Institute for Excellence (SCIE)	Vulnerable Adults	scie.org.uk
Forward Carers Support Service	Vulnerable Adults	forwardcarers.org.uk
Local Authority Adult Social Care Services	Vulnerable Adults	0121 303 1234 (Birmingham) 0121 569 2266 (Sandwell) 0121 704 8007 (Solihull) 0345 604 2719 (Staffordshire) 01926 412080 (Warwickshire) 01905 768053 (Worcestershire)
Local Authority Adult Social Care Services – Out of Hours	Vulnerable Adults	0121 675 4806 (Birmingham) 0121 569 2355 (Sandwell) 0121 605 6060 (Solihull) 0345 604 2886 (Staffordshire) 999 or 101 (Warwickshire) 999 or 101 (Worcestershire)